

Parent Handbook



As Regulated Licensed Services, all White Heron Learning Centre receive bulk funding from the Ministry of Education

About Our Centres

White Heron Learning Centre are privately owned child care centre for 0 – 5 year olds. The Centres are licensed and regulated by the Ministry of Education and comply with the *Education (Early Childhood Centres) Regulations 2008*.

MoE Licence:

The License is on display in the Foyer and Office of each Centre.

Education Reviews:

The Education Review Office conducts inspections of the service approximately every 3 years. Reviews are available on the ERO website or on request from the office once received.

Funding:

The centre receives bulk funding from the Ministry of Education. Audited financials detailing how this money has been allocated are available on request.

Philosophy:

White Heron Learning Centre aims to provide a nurturing, supportive learning environment which reflects and values the principles of Te Tiriti o Waitangi and recognises the inherent uniqueness of every child who attends this service.

- We aim to provide a safe, happy, stimulating and aesthetically pleasing environment where children are free to play, explore, discover and learn at their own pace with staff providing guidance and encouragement for each child.
- We aim to offer a flexible curriculum based on Te Whariki that is fun, challenging and responsive to both individual and group needs. This curriculum will reflect the interests of the children, aims of parents / whanau and skills of the staff.
- We aim to support teachers through ongoing professional development because we believe in the importance of careful planning and review of practice
- We aim to be a resource to families by providing information about a range of subjects including children's health and development, support services available within the community and educational issues.
- We believe New Zealand has a unique multi cultural heritage and we must reflect this at every level of our work. People of all backgrounds and cultures will be welcomed, accepted and respected.
- We believe that each child's learning will have been extended and enhanced by attending this service.

Individual Aims:

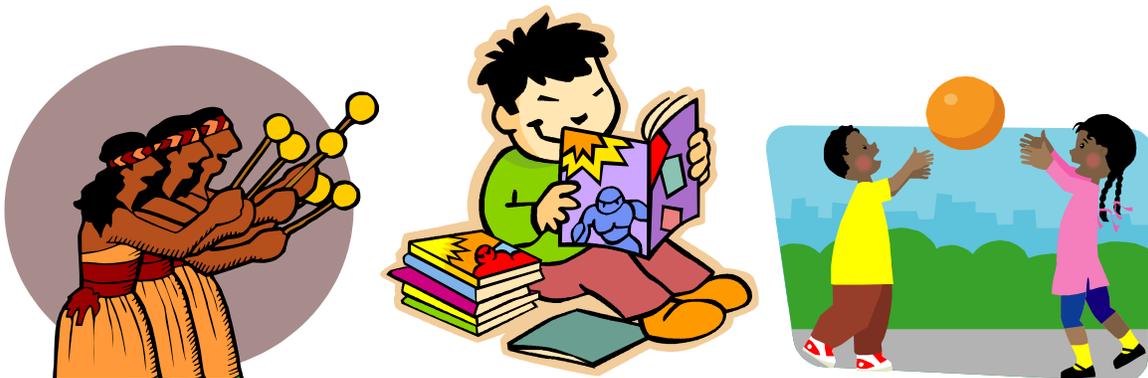
The program at this centre aims to encourage and further develop in children:

- *lively, inquiring minds, a love of learning and a willingness to apply effort to worthwhile tasks*
- *Te Reo Maori me nga Tikanga Maori*
- *ability to think rationally*
- *use of the imagination*
- *powers of self expression*
- *powers of judgement*
- *physical and mental health*
- *self-esteem, self-confidence, respect and consideration for others*
- *a coherent set of personal and social values*
- *decision making and problem solving skills*
- *an understanding of themselves and their world*
- *competence in intellectual, social and physical skills*

What Happens During the Day

Your child will have the opportunity to participate in a wide variety of play based experiences while at White Heron. Children are divided into groups according to age after the morning Karakia. Throughout the day children will be involved in both planned and spontaneous experiences indoors and outdoors. Children will experiment, create, express themselves and make sense of their world as they interact with materials, other children and staff. Te reo Maori and Samoan is spoken by staff throughout the day while interacting with children.

Throughout the day, planned language (English, Samoan and Te reo Maori) and music group experiences will take place giving children the opportunity to participate in music, drama, movement, literature and games. Activities planned will require children to listen, focus and to develop group awareness.



Children will be given the opportunity to play with a variety of materials including, books, play dough, water, sand, clay, construction sets, paint, collage materials, and dramatic play props. Outdoors, children are able to extend their motor skills and confidence through climbing, digging, running, and jumping.

The social and physical environment, including adults and peers with whom children interact have an important influence on self reliance and self-esteem. Therefore the program at White Heron will aim to provide children with opportunities for both free and guided play with children being encouraged through self selection of activities to take responsibility for their own actions.

Children will be offered a rest time each day. Babies sleep in individual cots while older children sleep on individual mattresses in a marae like arrangement. Staff will supervise children who are sleeping while older children may be involved in quiet play activities.

See Sleep and Rest Policy for more information



What to Bring

- **Bag** or backpack large enough to comfortably fit a lunch box, a drink bottle, change of clothes
- **All Food including Morning and Afternoon Tea and Lunch** – eg. Sandwich, yoghurt, muesli bar, cheese, fresh or dried fruit (children are not allowed sweet biscuits, cakes, lollies or chocolate) Please remember the Centre operates a **NO NUT PRODUCTS POLICY**. Staff will heat items if required. Please place any food requiring refrigeration in Kitchen for staff to manage.
- **Drink** – in a named plastic drink bottle. Please no fizzy drinks
- A weeks supply of **Nappies** if child is not toilet trained
- A months supply of **WET ONES if child in nappies.**
- **Spare clothing** – COMPLETE change of clothes in a named plastic bag. Please make sure these are suitable for the weather conditions

Clothing

- Please send your child to child care in 'play clothes'. Clothing should be easily washable, and easy for children to manage by themselves. Please no long dresses or tricky fastenings.
- On very hot days please ensure you provide extra clothing as children will be encouraged to play with lots of messy / wet activities
- Classrooms are heated but children play outside most days so please send along a warm coat, beanie, gloves during winter.
- Footwear should be easy for children to manage by themselves – e.g sandals (runners), sandals with Velcro fasteners, and non-slip shoes. NO thongs, clogs, party shoes.
- No SUPERHERO or CHARACTER costumes to be worn to the Centre

Birthdays:

- If you would like your child to celebrate their birthday at child care, please provide a plain iced cake or patty cakes. The cake will be shared at morning tea time with your child's own group. If your child has a food allergy please provide alternatives (eg. Egg free biscuits) that can be kept at the Centre for use on these occasions.

Toys:

- Generally children are not allowed to bring toys, lollies or money from home
- The Centre has a NO GUNS / WEAPONS policy which includes toy guns, swords and other toy weapons
- Books, DVD's and CDs may be brought in on occasion but please ensure all items are clearly marked with child's name. All care no responsibility policy operates.

Photographs:

- Informal photographs of children at play are taken regularly for Individual Portfolios and group learning story displays. Please notify staff if this is an issue for you.

Lost Property:

Any unclaimed items found at the Centre will be placed in the clothes basket on the verandah. Items will be held until the end of each term. Unclaimed items are then placed into charity bins.

Therefore, please ensure that you clearly name all items brought to child care with cloth name tags or washable laundry markers.

Parent Participation

White Heron Learning Centre relies upon the co-operation and support of all parents for its' successful functioning. As a parent you know your child best. We would like you to share relevant information with us so that we can provide a program that suits your child's individual needs, interests and skills. Anytime you wish to have a chat to staff about your child or just spend time at the centre feel free to do this although obviously some times are more convenient than others. If you have specific concerns please make an appointment time with your child's teacher or the Supervisor.



Parents aid in program evaluation through day to day observation of activities at the centre and also in talking to their child about his/her involvement in the program. Such evaluation serves as feedback to the staff and helps with future planning. Scheduled parent/ teacher meetings will be held twice per year.

Individual Portfolios are maintained for all children. At times staff will send these books home for parent input. They are on display / available for your perusal at all times.

See Parent Access to Information Policy for more information

Complaints

Any parent who has a complaint / concern / query should follow the guidelines listed below. Every effort will be made to resolve the issue in a fair and informed manner without prejudice.

STEP 1: APPROACH QUALIFIED STAFF

Parents with a potential complaint / query should find an appropriate time (an appointment may need to be made) and approach your child's teacher to discuss your concerns. If the teacher is not able to find a solution for your concern than he/ she will approach the Supervisor on your behalf (Step 2) or you may approach the Supervisor yourself. It is recommended that disputes / complaints be handled as close to the source of the issue as possible.

STEP 2: APPROACH THE SUPERVISOR

Make an appointment with the Supervisor to discuss complaint / query. Hopefully some solution or compromise may be reached or an explanation provided which satisfies both parties. However

if you are still concerned or have a genuine complaint which is not covered by existing White Heron policy, the matter will proceed to Step 3. Please put any specific complaints in writing. Contact details for the Licensee are available from the Administration Coordinator.

STEP 3: APPROACH THE LICENSEE

Any parent who wishes to make a complaint including complaints about non-compliance with licensing conditions should contact the Licensee by phoning or leaving a message at the following phone number or by leaving a letter with the Supervisor.

(Licensee: Jenifer Hood @ 0210 797855)

See Complaints policy for further details.

Behaviour Management of Children

In order for children to be treated consistently and master their environment, staff at White Heron implement a positive approach to behaviour management which:

- Helps children learn what to do and why
- Minimises the number of 'rules' so that those enforced are the important ones
- Differentiates between the child and the behaviour
- Allows staff to handle consistently normal challenging behaviour
- Includes strategies for ongoing problems
- Balances the right of the individual child against the good of the group as a whole
- Enables parents and staff to work together on issues of concern
- Deals with threatening or dangerous behaviour

See Behaviour Management of Children Policy for more detailed information



Indoor and Outdoor Play Safety Guidelines

INDOOR PLAY

- Children to walk inside at all times (except music/ movement activities)
- Children to place belongings in lockers and to keep tidy at all times
- Children to remain seated at tables while using scissors, needles etc.
- Appropriate treatment of equipment to be encouraged
- Books – read one at a time and return to bookshelf before reselecting
- Children are to be encouraged to finish puzzle or seek assistance if required (peer or adult)
- All children to assist at pack away times
- Staff only in storerooms and kitchen (unless specified by staff member)

OUTDOOR PLAY

- ❑ Children to walk on concrete areas
- ❑ Equipment to remain where placed by staff
- ❑ Water to remain in water trough and sand to remain in sand pit
- ❑ Children not to jump off grass hill
- ❑ Children to be encouraged to assist at pack away time
- ❑ Staff only in storerooms
- ❑ Children not to carry toys or equipment while climbing
- ❑ Children encouraged to wait for a turn

GENERAL

- ❑ No swords or guns (parents will be asked to take items home)
- ❑ Children are not to bring toys, lollies or money to the centre. No responsibility will be taken for any items brought. Items will be confiscated and kept in the office until home time. Exceptions include a soft toy or blanket for rest time.

Health and Safety

Children and Eating

Staff will:

- ❑ Check to ensure children wash their hands appropriately before eating or drinking
- ❑ Ensure tissues are used for a single use and then discarded appropriately
- ❑ Teach children to turn away from food when they cough or sneeze
- ❑ Discourage walking around with food
- ❑ Ensure that any dropped food is not eaten
- ❑ Ensure that dropped utensils are not used until they have been washed
- ❑ Discourage children from sharing food that they have begun eating
- ❑ Encourage children to wash their hands and face after eating

Children's Contact with One Another

Staff will encourage children to:

- ❑ Cover their mouth and nose or turn away from each other if they cough or sneeze
- ❑ Wipe or blow noses and wash hands afterwards
- ❑ Not to touch each other where they are cut or bleeding
- ❑ Not to spit
- ❑ To dispose of used tissues promptly and not to share them.



Toileting of Children

Staff will encourage children to:

- ❑ Learn behaviours to manage toilet training
- ❑ Wash hands with soap after using the toilet
- ❑ Use paper towels after hand washing
- ❑ Flush the toilet after use
- ❑ Report 'accidents' to staff

See Health and Safety Policy for more information

NO SMOKING ON CHILD –CARE PREMISES – staff , parents or visitors



See Smokefree Policy for more detailed information

Nutrition

Parents are encouraged to send healthy foods and drinks for their child's snacks and lunches to the centre as appropriate. A list will be circulated to all parents and reminders provided in monthly newsletters

FOODS NOT PERMITTED

NUT PRODUCTS (inc. Peanut Butter ,Nutella)

CHIPS, SNACKS eg Twisties, Rashes

LOLLIES

BISCUITS (sweet) CAKES

INSTANT NOODLES

CHOCOLATE

FIZZY DRINKS



- ◆ If unsuitable foods are included in children's lunches, children will be allowed to eat them but a note will be sent home to parents reminding of the Centre's policy
- ◆ Children will have access to drinking water whenever they need it.
- ◆ Milk or water will be provided by the centre for children's morning tea
- ◆ Where a child is excluded from eating certain foods for religious or cultural reasons, the parent's wishes will be respected and conveyed to other staff.
- ◆ All children will be encouraged to develop independence in managing own food (opening plastic wrap, drink containers) using utensils, pouring own drinks and eating.
- ◆ Children will be encouraged to eat their morning tea/ lunch / afternoon tea. If they do not like what has been provided they will be encouraged to taste each item. No child will be forced to eat what they do not want
- ◆ Children are not to walk into or out of the centre eating food

See Nutrition Policy for more information

Illness and Injury at Child Care

The close proximity of staff and children and staff within the Centre increases the risk of cross infection. Your co-operation is required to keep illness to a minimum.

THE BEST PLACE FOR A SICK CHILD IS AT HOME



Procedure for caring for sick / injured children at the service:

- ◆ The sick or injured child will be kept under adult supervision until the child recovers or a parent (or some other responsible adult) takes charge of the child.
- ◆ Every reasonable attempt will be made to notify a parent of the accident or illness as soon as is practically possible.
- ◆ If there is a **fever above 37.2 degrees** staff will attempt to lower by the application of tepid wet cloths while waiting for collection of child by parent.
- ◆ In the case of an accident not requiring immediate medical treatment, First Aid trained staff will administer First Aid treatment if required.
- ◆ If the child requires medical aid all reasonable attempts will be taken to secure that attention.

- ◆ Payment for all medical and ambulance expenses are the responsibility of the parent
- ◆ Parents must inform the centre at the time of enrolment, of any allergies or illness which require medication or specific treatment should they occur, or which may be of a life threatening nature e.g Asthma, allergies, febrile convulsions.
- ◆ Staff will need to be informed by parents or a relevant medical practitioner in the proper techniques for administering such treatments. In the case of diagnosed asthma an ASTHMA FORM must be completed on enrolment (or at time of diagnosis) and an Asthma Management Plan completed by your child's Doctor must be provided.
- ◆ In the case of minor injuries the Centre will not notify parents, however an accident record will be kept at the centre and parents are to sign as required. A copy of the report will be provided to parents.

Procedures for excluding sick children from the service

Parents must keep their child at home if they are suffering any of the following:

- *Infectious diseases as per Second Schedule Health (Infectious & Notifiable Diseases) Regulations as attached*
- *Gastroenteritis – vomiting or diarrhoea (during previous 48 hours)*
- *Fever above 37.2 degrees in the last 12 hours*
- *Respiratory infection – including, green/yellow nasal discharge, productive cough*
- *If child has been prescribed and administered antibiotics during the last 48 hours*
- *Eye and/or ear discharge*
- *Unidentified skin rash*
- *General lethargy*

See Exclusion Policy for further information

Medication

If prescribed or over the counter medication, including creams/lotions/drops are to be administered to a child at the centre, written parental authority or written Doctors approval must be given on arrival.

The following information must be filled out correctly in the Medication Register (or in writing by parent)

- the child's full name
- name of medication
- expiry date of product
- dosage (specific amount e.g. 'mls' NOT spoonful)
- times to be given/administered (specific times – e.g. 'lunch time' NOT acceptable)
- nature of illness
- time of last medication
- PARENT SIGNATURE and DATE

The following guidelines will be adhered to:

- In the case of prescription medicine this must only be administered to the child for whom it has been prescribed, from a container bearing the child's name and with a current use by date.
- Staff will only administer medication to a child from its original packaging
- A specific administration time **MUST** be provided or a reason for administration e.g. if rash is itchy
- Medication must be given to a permanent staff member on arrival. **MEDICATION MUST NOT BE LEFT IN A CHILD'S BAG OR LOCKER**
- If there are anomalies between the instructions attached to medication and instructions provided by the parent, staff are to adhere to original instructions marked on medication
- Medication must have been recently prescribed by a medical professional– ie. within the last 4 weeks.
- Your child must have been on antibiotics for 48 hours before returning to pre-school
- Herbal, Naturopathic or Homeopathic medication will require the same protocol as prescribed medication including instructions for mixing herbal remedies

Procedure for Long Term Medication:

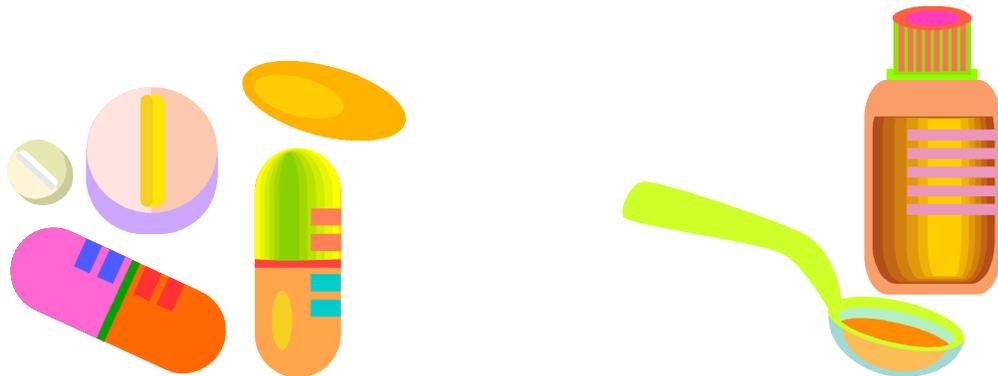
Conditions requiring on-going treatment such as asthma, excema etc. will require a signed, dated, doctor's letter stating the following:

- why the medication is necessary
- dosage required and times for administering

In addition, a dated, signed covering letter must be provided by the parent giving permission for medication. This is to be reviewed every 3 months. If a child is a diagnosed asthmatic, then an Asthma Management form will need to be completed by the child's Doctor and parent giving accurate details of the child's condition, triggering factors and treatment..

If over the counter medication is requested to be administered on a regular basis ie. on 3 consecutive days, a doctors authorisation letter will be required.

See Medication Policy for more detailed information



Fees Policy

- Fees are set on an annual basis by White Heron Learning Centre Management and will take into account,
 - the running costs of the centre
 - affordability to parents
 - requirements related to ensuring MoE licensing regulations are met (eg. equipment, safety, resources required)
- Fee collection is mandatory and Management has the discretion to withdraw service for non-payment of fees.
- Parents will be given one months written notice of any increase in fees.

PROCEDURE FOR FEE COLLECTION:

- Fees are to be paid weekly by Automatic payment, cash or cheque. Please pay promptly as we rely on fee payments to cover staff wages and do not want to have to ‘chase people up’ for fees. Fee invoices are provided weekly.
- White Heron is open throughout the year except for statutory holidays and the Christmas/ New Year period. Fees will be charged at the standard rate for statutory and absence days.
- Receipts will be issued weekly, either on payment or once a year for tax purposes
- Parents should approach the Administration Coordinator if they are having difficulty with payment of fees.

WORK AND INCOME N.Z. (WINZ)

Some families may be eligible for Child Care subsidy payments from WINZ to assist with the payment of fees. The Administration Coordinator has the relevant forms and is available to assist parents in completing them if required. Please note that these forms must be signed by the parent and also a Centre representative. To ensure continued payment please be aware that there are renewal dates which will apply to your personal situation. WINZ will contact families directly to advise of these dates. Please follow up asap to ensure continued subsidies.

LATE FEE:

- If you are going to be late collecting your child from the centre you must notify us by 3 pm. A late fee of \$10 per 10 minutes is charged to families who have not organized collection of their children by their finished enrolled time.
- In **exceptional** circumstances where parents have phoned to inform the centre that they will be late, no late fees will be charged.

NON PAYMENT OF FEES:

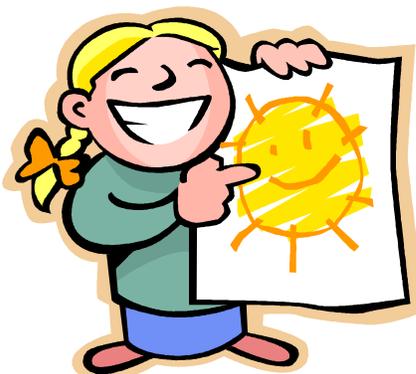
- The Administration Co-Ordinator will issue 1 (one) arrears letter before instigating appropriate legal proceedings of fee collection.
- Parents may negotiate to pay fees by installment
- White Heron Management has the final decision to withdraw the service from a family

See Fee Policy for more information

Children's Arrival

- As soon as children arrive at the centre, the accompanying adult is required to sign the attendance record located in the classroom. Each child's name is listed – parents are to sign beside their child's name.
- Children are not to be left in the playground. Parents are required to escort their child into the playroom where they will be welcomed by a staff member. The child's belongings are to be placed on their appropriate hook and the child's lunch given to a staff member.
- A member of staff will welcome and receive each child on arrival
- Parents are encouraged to say goodbye to their child when leaving. They will be encouraged to remind children that they will be back later in the day to collect them.

- Please notify staff of the following:
 - Physical restrictions – stitches, burns, injuries
 - Ongoing conditions -asthma, epilepsy, allergies
 - Emotional trauma – recent death in the family, separation / divorce



Collection of Children

- Collect all belongings, say good-bye to staff. Ensure staff have a chance to say good bye to your child.
- Sign your child out of the centre using the attendance records in the classroom. Sign in the space beside your child's name as you LEAVE the building.
- ONLY the people nominated on the enrolment form at the time of admission (or added at a later date) have the authority to collect children from the centre. Any other person MUST have written authorisation from the parent. If this is not possible the parent MUST telephone prior to departure time to notify staff.
- Written proof of identity must be provided before children will be released into the care of persons unknown to staff – e.g. drivers licence
- Minimum age of persons able to collect children from the centre is 16 years of age

Sun Protection

- Parents are to provide children with hats which protect the face, neck and ears whenever they are outside
- SPF 30 (or higher) broad spectrum, water resistant sunscreen will be provided for the use of staff and children as necessary
- Children will be encouraged to use areas of shade for outdoor play activities
- Learning about skin and ways to protect skin from the sun will be incorporated into programmed activities



See Sunsmart Policy for more information

Ways to Help Your Child Start Pre-School

- DO NOT SNEAK AWAY ! It is better to face a 'good-bye' head on than to avoid it.
- Be prepared to stay a while with your child if required. Many children are happy to explore the pre-school if they know that a parent is close by. Use the 9 – 9.30 am time to settle your child.
- Give your child clear expectations of what to expect at pre-school. BE HONEST ! Let your child know that some children may be upset and crying in the early days. This allows children to develop means of coping with the situation in advance.
- Let your child know if you will be staying or leaving – DON'T say that you will be near if in fact you are going home. Children need to be able to trust their parents if they are to develop self-confidence.
- When the time comes to leave your child do not prolong the departure. Be firm, say goodbye, remind children that you will be back 'after rest time' and leave promptly. Be brief and decisive. By leaving in this manner you are letting your child see that the pre-school has your stamp of approval.
- If your child is upset, acknowledge these feelings and give them the opportunity to talk about it.
- Be prepared for your child's reaction when you return. Children may have been controlling their feelings all day – sad, angry, confused. When you collect them they no longer have to maintain the front and they sometimes express their feelings in uncharacteristic ways – crying, refusing to go home, by giving you a difficult time or silly behaviour. However such behaviours are a declaration of their love for you and say in effect that 'You left me in this place, now I'm in control so I'll pay you back in the only way I can'.
- Avoid comparison to other children – at pre-school and within the family. Each child is unique and will respond differently to separation.
- Allow your child to bring a favourite toy or comforting item from home.
- Allow your child to bring along a photograph or family members or favourite pets to keep in their locker or pocket
- Be punctual in collecting your child. Children can become distressed if they are the only ones 'left'
- If you are concerned after you leave, feel free to ring the Centre as often as you like.
- Don't worry about how your child will behave. Each year staff deal with children having difficulty making the separation from their parents. This is not something new and parents should not be embarrassed if it occurs. Remember most staff are parents too.

ARE YOU THE PARENT HAVING DIFFICULTY SEPARATING ?

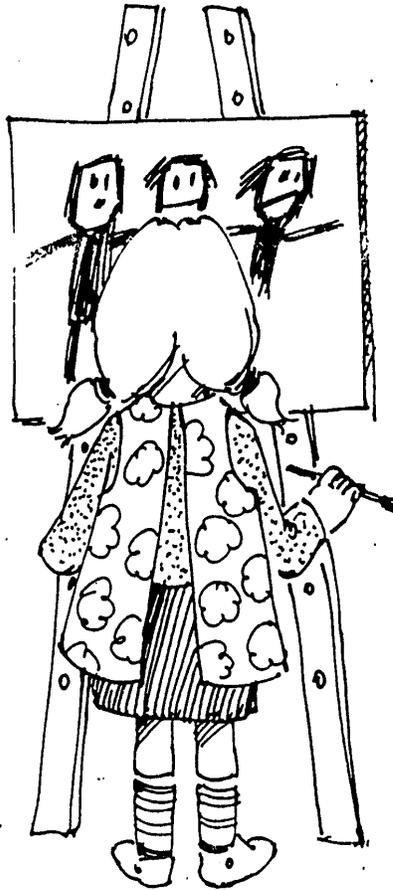
Sometimes the parent is the one who has trouble separating from their child. You may worry about the child's ability to make friends, safety, competence of the staff etc. This can be a trying time for parents who may want their child to go to pre-school but feel their absence. If you remain calm and consistent, such feelings will guide a child into involvement and play.

EARLY DAYS:

Staff allow the children to approach them at their own pace. Children often resent teachers trying to take over from their parents.

Familiar activities will form the basis of the program in the beginning days – water play, painting, collage, sand play, climbing and swinging. You may think that the program is off to a slow start but children need time to adjust to their new surroundings and staff members. Staff will concentrate on getting to know individual children – their strengths and their needs.

If you have any concerns or need advice in handling particular situations, please make an appointment to speak to your child's teacher.



Health (Infectious & Notifiable Diseases) Regulations 1966

Regs 8, 9, 14

Second Schedule

Infectious Disease	Period of Isolation (Reg 8) and Period of Exclusion from School of Pupils and Teachers Suffering from an Infectious Disease (Patients) (Reg 14(1))	Period of Isolation (Paras (a) and (b) of the Proviso to Reg 8)	Period of Exclusion from School of Pupils and Teachers Exposed to an Infectious Disease (Contacts) (Reg 14(2))	Period of Incubation (Reg 9)
Chickenpox (varicella)	For 1 week from the date of the appearance of the rash		Nil	21 days
Cholera				5 days
Diphtheria	For 2 weeks from the date of the onset of the disease and until two cultures from the throat and two cultures from the nose, taken not less than 24 hours apart, and not within 12 hours of the local application of an antibiotic or chemotherapeutic agent, fail to show the presence of virulent diphtheria bacilli	For 4 weeks from the date of the onset of the disease	5 days from the last exposure to infection unless a microbiological examination of throat and nose fails to show the presence of virulent diphtheria bacilli	5 days
Dysentery (amoebic)	Until cured	For 4 weeks from the date of the onset of the disease		4 weeks
Dysentery (bacillary)	For 4 weeks from the date of the onset of the disease or until three microbiological examinations of the faeces made at intervals of 48 hours fail to show the presence of dysentery bacilli	For 4 weeks from the date of the onset of the disease	Nil	7 days
Enteric fever (typhoid fever, paratyphoid fever)	For 4 weeks from the date of the onset of the disease and until three successive cultures of faeces and of urine, collected not less than 48 hours apart, fail to show the presence of typhoid or paratyphoid bacilli	For 8 weeks from the date of the onset of the disease	Nil	21 days
Hepatitis A	For 7 days from the date of the onset of the disease and until fever subsides			
Hepatitis B	For 7 days from the date of the onset of the disease and until fever subsides			
Hepatitis non A or B	For 7 days from the date of the onset of the disease and until fever subsides			7 years
Leprosy			(1) If the disease is epidemic, nil (2) If the disease is not epidemic, teachers are not to be excluded, but susceptible children are to be excluded for 14 days from the appearance of the rash on the patient	14 days
Measles (morbilli)	For 7 days from the date of appearance of the rash and until recovery			
Meningococcal meningitis	For 24 hours from the commencement of chemotherapy or antibiotic treatment and until cured	For 24 hours from the commencement of chemotherapy or antibiotic treatment and until cured	Nil	10 days
Mumps (epidemic parotitis)	For 9 days from the date of the onset of the disease or until swelling of all involved glands have completely subsided and the patient has returned to normal		Nil	
Plague (bubonic or pneumonic)			Nil	6 days
Polioomyelitis	For 7 days from the date of the onset of the disease and until fever subsides			14 days
Relapsing fever				12 days
Ringworm	Nil if under treatment, otherwise until cured			
Salmonella infection	For 3 weeks from the date of the onset of the disease and until three successive microbiological specimens of faeces, collected at intervals of not less than 48 hours, fail to show the presence of salmonella organisms	For 4 weeks from the date of the onset of the disease	Nil	7 days
Smallpox (variola including varioloid and alastrim)	Until all scabs and crusts have disappeared		If the strain of smallpox is of the variola minor type, and if the contacts are vaccinated within 24 hours of first exposure and thereafter kept under daily medical observation, to be excluded until height of reaction is passed; otherwise for 16 days from last exposure	16 days
Streptococcal sore throat, including scarlet fever	For 7 days from the date of the onset of the disease and until all symptoms have subsided, all abnormal discharges have ceased, and all open lesions have healed		Nil	5 days
Typhus				15 days
Whooping cough (pertussis)	For 3 weeks from the date of the onset of typical paroxysms		Unimmunised children to be excluded for 14 days from last exposure	21 days
Yellow fever				6 days